

Thomas Mill

Directions to the run:

Loudoun County High School: Corner of Catoctin Circle and Dry Mill Road, Leesburg.

Description of run:

The high hill rating comes from the initial climb (about 1.5 miles) up Thomas Mill Road. Complete the climb and you'll be treated to beautiful scenery and rolling hills. Short option bypasses the Thomas Mill hill by continuing on Dry Mill Road to return on the W & OD trail.

Hill Rating: 4 (major hill workout)

Surface: M (mix of pavement and gravel roads/trails)

Long route: 9.19 miles

Starting at the Loudoun County High School make a right onto Dry Mill Road and follow it to Thomas Mill Road.

Make a left onto Thomas Mill Road and follow it to Canby Road.

Make a right onto Canby Road and follow it to Business Route 7.

Make a right onto Business Route 7 and follow it to the W & OD Trail.

Make a left onto the W & OD Trail and follow it past mile marker 35.5 to Catoctin Circle.

Make a right onto Catoctin Circle and follow it back to the Loudoun County High School.

Short route: 3.68 miles

Starting at the Loudoun County High School make a right onto Dry Mill Road and follow it to an abandoned local road that heads up to the W & OD Trail.

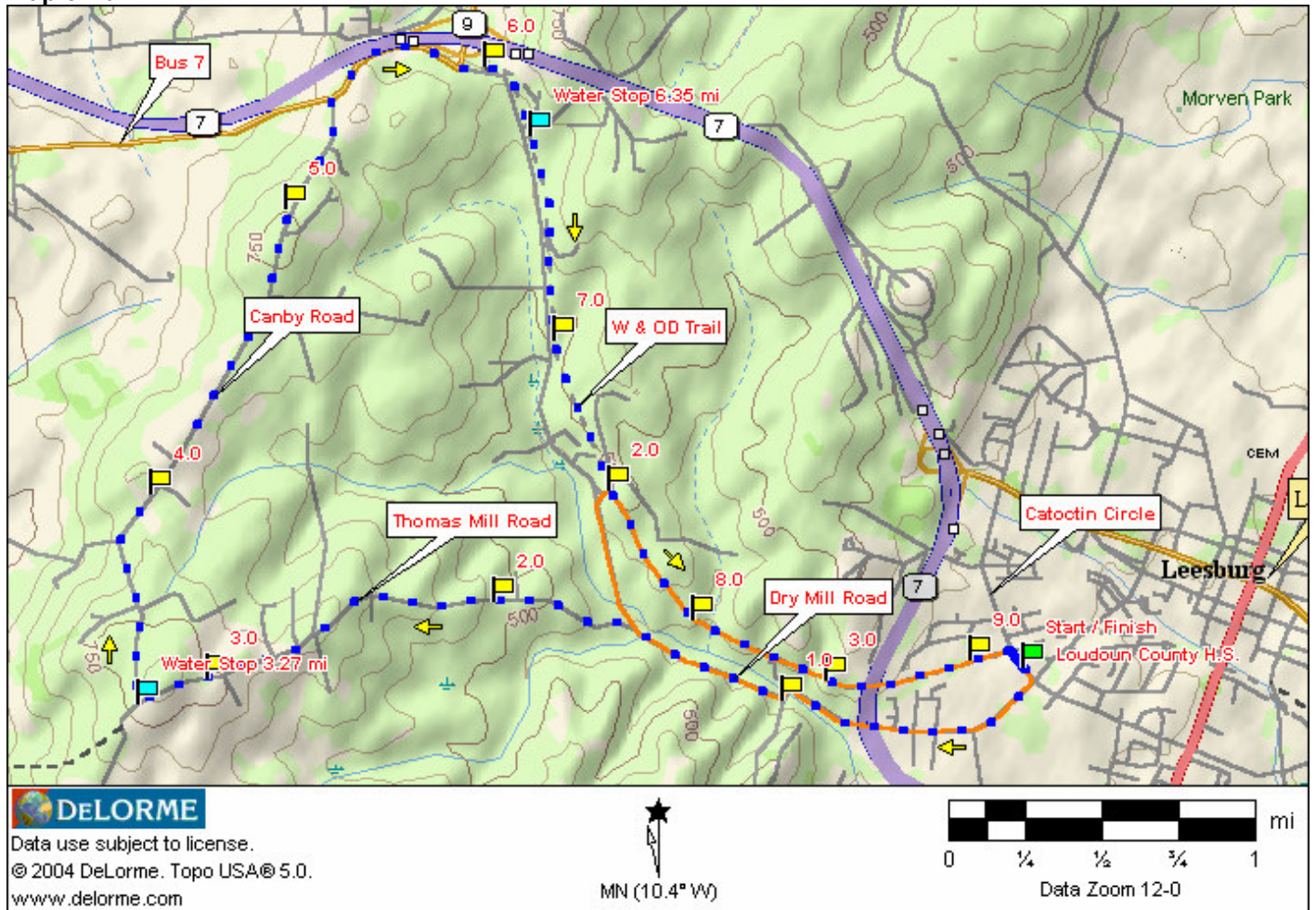
Make a right onto the abandoned local road, up the hill, to the W & OD Trail.

Make a right onto the W & OD Trail and follow it past mile marker 35.5 to Catoctin Circle.

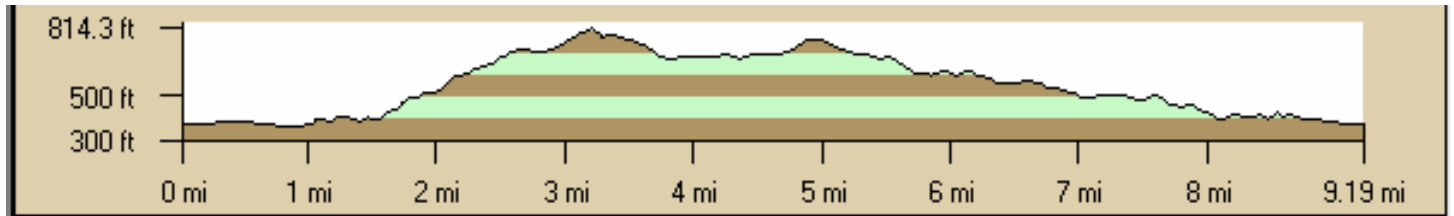
Make a right onto Catoctin Circle and follow it back to the Loudoun County High School.

(see course map on next page)

Map of run:



Elevation (long run):



Elevation (short run):

